



AMT MERIDIAN THERAPY

(4 hours)

(Available Face to Face or via Webinar Format)

Information sheet

This workshop is relatively new and has only been taught a handful of times in Australia, UK, and USA.

In clinic, we are always trying to find and address the origin of a person's pain and dysfunction. As you know there are many systems of the body that can be the generator of pain, including the muscular, fascial, lymphatic, organic, vascular, cranio sacral, and neural systems.

One very important system is the meridian system or energy pathways of the body. AMT taps into this vital system of the body by combining principles of Meridian Therapy and Bowen Therapy for what is often a potent healing response.

Do you have a client/patient that is not responding to your neuro-musculoskeletal therapeutic intervention? The answer may lie within the meridian system.

WRITTEN FEEDBACK - JUST A FEW OF THE MANY ACCOLADES RECEIVED

"John, I am blown away with what the meridian work can do! I've had amazing results, thank you so much for sharing it with us"

"This meridian work is simply amazing! Client in this morning who had a very nasty fall on a dry ski slope several weeks ago. Responded really well to Bowen but we were struggling to restore full ROM in the left arm and shoulder. Working from the charts and where he feels his pain and restriction resulted in 100% ROM restored! I LOVE this work!"

AMT MERIDIAN THERAPY can be used in several ways...

- 1 For common every day clinical presentations including ITB, piriformis or gluteal pain. Although other methods can address these conditions, the speed at which pain and spasm dissipates will often amaze you!
- 2 For those presentations that have proved resistant to your usual therapeutic intervention.... These could include stubborn Tennis & Golfer's Elbow, Thoracic Outlet Syndrome, Neck pain, Arthritic joints (won't cure of course, although often months of relief from one treatment!). Basically, AMT Meridian Therapy is an option for any musculoskeletal condition that is not responding to your usual therapeutic intervention.

Q. Does it work on everyone?

A. No, as we are addressing the body's meridian system, and if this system is not responsible for the Dysfunction, and or pain there would be little or no response, although from experience you will be often pleasantly surprised by its consistency.

Q. Is AMT Meridian Therapy a form of Bowen Therapy?

A. The technique requires you to address specific meridian points with your Bowen moves, So it is being progressive, and using your Bowen with emphasis on the meridian system.

Q. Is it hard to learn? And do I have to have a background in Eastern healing arts?

A. AMT Meridian Therapy is simple to learn and you don't need a background in understanding the meridian system. You will be able to use it successfully the first day back in the clinic!