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**Applied BodyReading – Workshop Series**

*‘Applying the skills of Self-Muscle Testing for Superior Assessment and Correction of Structural Dysfunctions’*

(Pre-requisite AMT Pelvis & Lumbar Spine Workshop along with the pre-reading and practice of eManual ‘Self-Muscle Testing – The Bodyworker’s Most Powerful Assessment Tool’)

● **Applied BodyReading – 1** (7 hrs.)

**‘Basic Muscle Testing/ Correction’**

**DESCRIPTION:**

*This workshop takes your new-found self-muscle testing skills as covered in the eManual, and teaches you how to start integrating it into your treatments. These muscle testing skills of assessment, correction and post-correction verifications are demonstrated by class demos, and followed by student participation. Apart from the valuable new skills you will acquire, you will also be honing your skills in your treatment of the pelvis as taught in the AMT Pelvis & Lumbar Spine Workshop. For example, remember how you are taught there are at least seven possible sacral dysfunction presentations. Now you will be able to find the culprit with fast and precise accuracy. This workshop is the Gateway to the extremely valuable information taught in following levels. Plenty of time is allowed to hone your skills.*

● **Applied BodyReading – 2** (7 hrs.)

**‘Priority Dysfunction/ Direction of Correction’**

(Pre-requisite ABR - 1)

**DESCRIPTION:**

*This workshop builds on the basic skills learnt in ABR-1.*

*The body has an order of correction, which when adhered to, enhances clinical outcomes and can even tell you if an area is ready or not for your intervention!*

*Direction of Correction: Learn how to ascertain the direction a correction requires to be taken in to achieve a symmetry!*

*Lovett Brother Reciprocal Bone Relationship - Easily identify which is the priority to correct within an active Lovett brother ‘partner pair’.*

*Identify if a cranial bone is priority for a pelvic dysfunction as opposed to the SRS vertebral level (Spondylogenic Reflex Syndrome) and verify via your assessment by witnessing the pelvic dysfunction, SRS, and associated muscle resolve with a simple precise cranial hold of 30 seconds.*

*You will learn four simple cranial corrections for when priority to correct a pelvic dysfunction is via the cranial sutures. Ample of time allowed for practice.*



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**Applied BodyReading – Workshop Series**

• **Applied BodyReading – 3** (7 hrs.)

**‘The Common Category A Client – New Developments’**

*(Pre-requisite is ABR - 2)*

**DESCRIPTION:**

In this workshop, we look at the very common Category A presentation of clients with musculoskeletal pain and dysfunction. Approximately 90% of all new clients fall into this category, determined by a pelvic tilt in standing. The Category A presentation, as named by AMT to simplify the three most common client presentations by putting them into three distinct categories of A, B & C is of upmost importance and taught in the foundation training of AMT. This new work builds beautifully on what you learnt in the Pelvis & Lumbar Spine Workshop. You will be taught that within the Category ‘A’ client there can be an additional underlying factor (in either/either a bone of the foot or a cranial suture) that when present (not uncommon) and addressed results in increased longevity of your corrections or eradication of their complaint. As effective as the standard Category A assessment/correction is, and has stood its test in time, this new ‘Cat. A Sub-Division (Cat A-1)’ adds another exciting dimension of clinical significance!

• **‘Self-Muscle Testing – The Bodyworker’s Most Powerful Assessment Tool’ (eManual)**

**Basic Self-Muscle Testing Skills for Neuro-musculoskeletal Assessment and Correction Confirmation – Author - John Garfield (Launch date: June 2021)**

*“Learn a unique assessment method that is fast, accurate, and doesn’t involve the use of any of your hands, limbs, or body movement!”*

**DESCRIPTION:**

It is essential that you are able to achieve a high level of accuracy in muscle-testing prior to attending an Applied BodyReading workshop! This is a 40 plus page eManual to teach therapists how to self-muscle test. This is an acquired skill, and like many worthwhile endeavors are not achieved over night and take time and dedication to become proficient. This eManual will give you, the therapist, the necessary tools to become competent. Your efforts will be rewarded beyond your expectations! Also discover how to self-muscle test the body without the use of any hand or body movement by the therapist if desired! No boring, time consuming, and distracting visible muscle tests unless warranted or you prefer to use. Assess on the go throughout the treatment. Even accurately assess a person across the room, standing or walking! Many variations are given to allow the therapist to find ‘THEIR’ way of accurate testing. By reading this eManual the therapist will then be better equipped to make a decision whether the Applied BodyReading series is something they would like to pursue further.